



Ojaván - Unadulterated Essential Oils



Ojaván offers pure unadulterated essential oils!

Ojaván is proud to announce the availability of all 6 bath salt aromas in unadulterated essential oil form in either 8ml or 18ml. Ojaván also introduces 5 all new unadulterated essential oils (*Donoma: Lemon, Nova: Lemongrass, Quanah: Rosemary, Wakanda: Clary Sage and Yenene: Tea Tree*) to the ever expanding Ojaván product line.

Essential oils are considered the first ever medicine and have been used around the world for centuries. Essential oils and other aromatics have been used in religious rituals to treat various illnesses and for other physical and spiritual needs.

Research dates the use of essential oils back to 4500 BC. Ancient Egyptians were the first to discover the possibilities of fragrance and records demonstrate that oils and aromatics were used for treating illness and performing rituals and religious ceremonies in the temples and pyramids.

According to ancient Egyptian hieroglyphics and Chinese manuscripts, priests and physicians used oils a thousand years before the time of Christ. There are more than 188 references to oils in the Bible. Additionally, biblical prophets recognized the use of essential oils as protection against disease.

The reintroduction of essential oils into modern medicine first began during the late 19th and early 20th centuries. Since that time, essential oils have been used traditionally to kill harmful germs, as well as spiritually to balance mood, lift spirits and dispel negative emotions.

Product name:
Pronounced:
Meaning:
Benefits:
Scent:

Aiyaná

Ah-ee-ya-nah

Forever Flowering (Kiswahili)

Uplifting, Confidence, Well-being

Bergamot – This light, fruity citrus oil uplifts the spirit and emotions with its fresh and invigorating citrus fragrance. Useful for oily and blemished skin. Bergamot essential oil is a disinfectant, deodorant, helps with vulnerary problems, is a vermifuge, anti biotic, anti septic, anti spasmodic, sedative, an analgesic, anti depressant, a febifuge, cicatrisant, and helps with the digestive system. Aiyaná's unadulterated essential oil comes from the Citrus Bergamia plant in Italy and has been steam distilled. Blends well with: Clary Sage, Orange, Rosemary, Elo, Kenda, Lemon & Ylang-Ylang.



Product name:
Pronounced:
Meaning:
Benefits:
Scent:

Donoma

Doe-kno-ma

Sight of the Sun (Omaha)

Purifying, Tranquility, Detoxifying

Lemon – Lemon oil is calming in nature which helps to relieve mental fatigue, nervous tension, & improve sleep. Lemon oil is a disinfectant making it great for cleansing the body & home. Some aromatherapy benefits are uplifting, refreshing, & cheering. Lemon is a stimulant, has calming powers, carminative, anti-infection, astringent, detoxifying, an antiseptic, aids sleep, antifungal, nervine, sedative, stomachic, and uterine. Donoma's unadulterated essential oil comes from the Citrus Limonum plant in Argentina and has been cold pressed. Blends well with: Lavender, Bergamot, Clary Sage, Tea Tree, Peppermint, Elo & Kenda.



Product name:
Pronounced:
Meaning:
Benefits:
Scent:

Eiō

Eeh-loo

Beautiful (Zuni)

Rejuvenating, Protective, Relieving

Uplifting Blend is a fusion of bergamot, orange, lemon and ylang ylang

Bergamot – This light, fruity citrus oil is uplifting, antiseptic, and relaxing.

Elevates the spirit and emotions with its fresh and invigorating citrus fragrance. Useful for oily and blemished skin. Bergamot's unadulterated essential oil comes from the Citrus Bergamia plant in Italy and has been steam distilled.

Sweet Orange – This unadulterated essential oil is used in aromatherapy to create the feeling of happiness and warmth, while calming nervous digestive problems. It deals very well with colds and flu, eliminates toxins and stimulates the lymphatic system, while supporting collagen formation in the skin. Our Sweet Orange unadulterated essential oil comes from the Citrus Sinensis plant in Brazil and has been cold pressed.

Lemon – Lemon essential oil has a fresh, citrus scent that is revitalizing and uplifting. It has antibacterial and tonic properties, making it useful for relief of



cold symptoms. It cleanses, refreshes, cools and stimulates. Astringent and antiseptic oil. Useful for oily skin. Our lemon unadulterated essential oil comes from the Citrus Limonum plant in Argentina and has been cold pressed.

Ylang Ylang – With an intensely sweet, floral scent, this exotic oil lifts the spirits, and promotes soothing and relaxation during times of tension and stress. Our Ylang Ylang unadulterated essential oil is from the Cananga Odorata Genuina in China and has been steam distilled. This oil is not meant for internal use. Blends well with: Lavender, Bergamot, Lemon & Lemongrass.

Product name:

Kēnda

Pronounced:

Ken-daa

Meaning:

Magical Powers (Dakota)

Benefits:

Energy, Creativity, Happiness

Scent:

Citrus Blend is a fusion of pink grapefruit, lemon, lime, litsea, mandarin and sweet orange.

Grapefruit – This unadulterated essential oil, with a fresh, citrus smell is energizing and helps to elevate the spirits. It also has antiseptic properties. Grapefruit essential oil has a lovely fresh aroma which can help with nervous exhaustion. It relieves congested and oily skin, having a toning effect on both skin and tissues. For this reason it is a good oil to use when treating cellulite. Our Pink Grapefruit unadulterated essential oil comes from the Citrus Paradisi plant from the USA and has been Steam distilled.

Lemon – Lemon unadulterated essential oil has a fresh, citrus scent that is revitalizing and uplifting. It has antibacterial and tonic properties, making it useful for relief of cold symptoms. It cleanses, refreshes, cools and stimulates. Astringent and antiseptic oil. Useful for oily skin. Our lemon unadulterated essential oil comes from the Citrus Limonum plant in Argentina and has been cold pressed.

Lime – An uplifting, energizing oil with a sweet fragrance. Uplifts and restores vigor. Our lime unadulterated essential oil comes from the Citrus Aurantifolia, is steam distilled and certified organic.

Litsea – Litsea unadulterated essential oil is used in aromatherapy to treat many skin-related conditions such as dermatitis, spots and acne; it is found in many skin care lotions and ointments. Litsea has been used in the treatment of stress, high blood pressure and post natal depression. Our litsea unadulterated essential oil comes from the Litsea Cubeba plant in China and has been steam distilled.

Mandarin – Fruity, tangy and citrus with a gentle cheering effect. Also has a soothing effect upon the digestive system. Our mandarin unadulterated essential oil in from the Citrus Deliciosa plant in South Africa and has been cold pressed.



Sweet Orange – This essential oil is used in aromatherapy to create the feeling of happiness and warmth, while calming nervous digestive problems. It deals very well with colds and flu, eliminates toxins and stimulates the lymphatic system, while supporting collagen formation in the skin. Our Sweet Orange unadulterated essential oil comes from the Citrus Sinensis plant in Brazil and has been cold pressed. Blends well with: Lavender, Bergamot, Lemon & Lemongrass.

Product name: **Mápiya**
Pronounced: Mah-pee-yah
Meaning: Sky or Heavenly (Sioux)
Benefits: Relaxation, Calming, Aids sleep
Scent: **Lavender** - Is soothing and refreshing. It can assist the body when adapting to stress. Great for aiding sleep, yet has balancing properties that can boost stamina and energy. It is relaxing and refreshing, uplifts the spirits, and helps to relieve the distress of muscle pain. No home should be without it. Excellent for refreshing tired muscles, feet, and heads. Mapiya's unadulterated essential oil comes from the lavandula offinalis plant in France and has been steam distilled. **Blends well with:** Clary Sage, Lemon, Eucalyptus, Lemongrass, Rosemary, Peppermint, Elo, Kenda & Tea Tree.



Product name: **Nova**
Pronounced: Kno-va
Meaning: Chases Butterfly (Hopi)
Benefits: Refreshing, Enlivening, Courageous
Scent: **Lemongrass** - With an aroma close to lemon, lemongrass boosts self esteem, calms the mind, and helps soothe nervous disorders. Lemongrass unadulterated essential oil is analgesic, anti depressant, anti microbial, anti pyretic, anti septic, astringent, bactericidal, carminative, deodorant, diuretic, febrifuge, fungicidal, galactogogue, insecticidal, nervine, sedative and tonic. Nova's unadulterated essential oil comes from the Cymbopogon Flexuosus plant in India and has been cold pressed. **Blends well with:** Lavender, Peppermint, Elo, Kenda & Tea Tree.



Product name: **Otekah**
Pronounced: Oh-tee-kuh
Meaning: Sun Maiden (Navajo)
Benefits: Balance, Fortifies, Soothing
Scent: **Eucalyptus** - Eucalyptus aroma is fresh and invigorating. It has a calming effect and its rejuvenating properties can help rid mental fatigue and muscle pain. Eucalyptus can provide relief from sinus infections, flu, common cold, blocked nose and other respiratory ailments. Otekah's unadulterated essential oil comes from the Eucalytus Globulus plant in China and has been steam distilled. This oil is not meant for internal use. **Blends well with:** Peppermint, Rosemary, Lemon & Lavender.



Product name: **Quannah**
Pronounced: Kwa-nah
Meaning: Fragrant (Comanche)
Benefits: Strength, Focus, Beauty
Scent: **Rosemary** - Rosemary oil has an ability to strengthen the entire body, stimulate hair growth, boost mental activity,



relieve respiratory problems and reduce pain. Quana's unadulterated essential oil comes from the Rosmarinum Officinalis plant in Spain and has been steam distilled. Blends well with: Lavender, Clary Sage, Bergamot, Eucalyptus, Lemongrass, Peppermint & Tea Tree.

Product name:
Pronounced:
Meaning:
Benefits:
Scent:

Soyala

So-yah-lah

Time of Winter Solstice (Hopi)

Concentration, Harmony, Balance

Peppermint - Peppermint is able to provide relief from stress, depression and mental exhaustion due to its refreshing nature. It is also effective against anxiety and restlessness. Menthol, which is present in peppermint oil, helps in clearing the respiratory tract. It gives a cooling effect to the skin while nourishing dull skin and helps improve oily skin. Soyala's unadulterated essential oil comes from the Mentha Piperita plant in the USA and has been triple steam distilled. **Blends well with:** Eucalyptus, Rosemary, Lemon & Lavender.



Product name:
Pronounced:
Meaning:
Benefits:
Scent:

Wakanda

Wo-khan-da

Possesses Magical Power (Sioux)

Healing, Euphoria, Purifying

Clary Sage - Wakanda gives you a feeling of euphoria by relieving anxiety, fear, and helps with insomnia. It kills bacteria and also protects against new infections. Clary Sage helps a variety of areas - anti depressant, anti convulsive, anti spasmodic, anti septic, aphrodisiac, astringent, bactericidal, carminative, deodorant, digestive, emenagogue, euphoric, hypertensive, nervine, sedative, stomachic, and uterine. Wakanda's unadulterated essential oil comes from the Salvia Sclarea plant in Bulgaria and has been steam distilled. **Blends well with:** Lemon, Lime, Orange and other citrus fruits as well as Lavender, Bergamot, Rosemary & Tea Tree.



Product name:
Pronounced:
Meaning:
Benefits:
Scent:

Yenene

Yen-eeen

Medicine Man (Miwok)

Stimulating, Nourishing, Invigorating

Tea Tree/Melaleuca - This oil can be used to protect against many infections and diseases. It is reported to have great healing and disinfectant properties. Tea Tree Essential Oil is an anti bacterial, anti microbial, anti septic, anti viral, balsamic, cicatrisant, expectorant, fungicide, insecticide, stimulant and sudorific. Yenene's unadulterated essential oil comes from the Melaleuca Alternifolia plant in Australia and has been steam distilled. Blends well with: Clary Sage, Lavender, Lemongrass, Lemon & Rosemary.



Product name: **Ganabe**
Pronounced: Ga-nah-bee
Meaning: Lean (Shoshoni)
Benefits: Cleansing, Detoxifying, Weight-loss
Scent: Blended with Basil, Cedarwood, Cypress, Grapefruit, Juniper, Lemon, Orange, Rosemary, Peppermint, Oregano, & Cinnamon leaf to cleanse and detox, helping with weight loss.

Basil - Basil oil has carminative properties, It is used for treating indigestion, constipation, stomach cramps and flatulence.
Cedarwood - Cedarwood oil can be used as a health tonic as it tones the organic systems and stimulates metabolism.
Cypress - Cypress oil is good for liver and it ensures good health of liver by maintaining proper discharge of bile from it. It also protects liver from infections.
Grapefruit - Grapefruit helps in the removal of excess water, fats, sodium, uric acid and other toxins from the body.
Juniper - Juniper oil has good Sudorific properties. Sudorific is an agent which can bring about heavy sweating. A good perspiration makes you feel lighter, fit and helps removal of toxins and excess salt and water through sweat.
Lemon - Lemon is a cleanser in which will help with weight loss through the digestive system.
Orange - Orange serves as a detoxifier, promoting urination to make the toxins like uric acid, bile, excess salts, pollutants, and excess water thrown out of the body with urine.
Rosemary - Rosemary has the ability to strengthen the entire body and to heal delicate organs such as liver, brain as well as the heart.
Peppermint - Peppermint oil increases your immunity to diseases and therefore helps you in preventing a number of diseases.
Oregano - Oregano oil promotes digestion by increasing secretion of digestive juices.
Cinnamon Leaf - Cinnamon aids in the circulation of blood due to the presence of a blood thinning compound in it. This blood circulation helps significantly in removing pain. Good blood circulation also ensures oxygen supply to the body cells leading to higher metabolic activity.

Product name: **Taini**
Pronounced: Ta-ee-ne
Meaning: New Moon (Omaha)
Benefits: Well-being, Clarifying, Renewing
Scent: **Myrrh** helps the body heal and cleanse, stimulates circulation, increases energy, provides relief from the common cold, and encourages weight loss. **Blends well with:** Frankincense, Myrrh & Lavender.



Product name: **Nadie**
Pronounced: N-add-ee
Meaning: Wise (Algonquin)
Benefits: Mystic, Restorative, Brings Serenity
Scent: This oil is commonly known as a gift suitable for the gods.
Frankincense helps prevent infection, reduce the appearance of scarring, rejuvenates the skin and reduces pain. **Blends well with:** Frankincense, Myrrh & Lavender.



For more information on how to use your pure essential oil visit http://www.ojavanproducts.com/essential_oil_uses.html also a great guide to have is "Modern Essentials Usage Guide" from www.aromatools.com

Body Systems Chart (from Modern Essentials Usage Guide)

Essential Oil	Cardiovascular System	Digestive System	Emotional Balance	Hormonal System	Immune System	Muscles & Bones	Nervous System	Respiratory System	Skin & Hair
Bergamot (Aiyaná)		☞	☞						☞
Citrus Blend (Kēnda)			☞		☞		☞		
Clary Sage (Wakanda)				☞					
Eucalyptus (Otekah)								☞	☞
Lavender (Mápiya)	☞		☞				☞		☞
Lemon (Donoma)		☞			☞			☞	
Lemongrass (Nova)					☞	☞			
Peppermint (Soyala)		☞				☞	☞	☞	☞
Rosemary (Quanah)					☞		☞	☞	☞
Tea Tree (Yenene)					☞	☞		☞	☞
Uplifting Blend (Elö)			☞				☞		