

## Extended - Npató Mineral Mud Mask Facial Procedure

**Detoxifying and rejuvenating Facial - This is a 60 min. service with a MSRP of \$50-\$100, Cost per procedure is around \$2**

### **You will need:**

Bed drape: Fitted sheet, Bath towel, Top sheet and blanket

**Supplies:** 1/4oz of warmed Npató, towel to wrap client's hair up, & 3 drops of Pamea Poan Facial Moisturizer.

(If desired add 1 drop of one of our Pure Unadulterated Essential Oils to every 1 oz. of Npató Mineral Mud Mask.)

Suggested Backbar Sizes  
(around 60 procedures)

- \* Npató 6oz
- \* Ska Yela 2oz
- \* Pamea Poan Facial Moisturizer 1oz

### **Start client face up**

1. Sensory journey (allow client to pick an aroma they would like to use in their treatment or based on the needs of the client) put 2 to 3 drops of pure unadulterated essential oil in hand and rub hands together above clients face, encourage client to take some deep breaths, rub oil over décolleté then place hands over ears ...pause here and connect with the body....do hand hugging down the body pausing at feet then back up other side. Massage head for about 3 min.
2. Cleanse face with Ska Yela Facial Cleanser & Make-up remover and remove with towel.
3. Apply mud to face then apply hot towel. There is a tingling sensation that indicates the detoxifying process as it dries. Make sure to avoid contact with the eyes.
  - Use or 100% Organic & Biodegradable applicator (Using this applicator will help eliminate the transfer of the hands' natural oils which may contaminate the pure essence of the mud. The use of the applicator also provides fluid simplicity when applying Ojaván Mineral Treatments.) or finger tips to apply.
  - Depending on the desired results and time frame, choose from the two options below:
    - a. If your client is looking for a deeper exfoliation, emulsify the mask by rubbing in a circular motion while the mask is still moist. If stinging becomes undesirable remove mask with warm water and clean towel.
    - b. For deeper cleansing, leave mask on for 10-20 minutes or until majority of mask is dry. As the mask dries it will harden and tingle. Along the "T" zone and problem areas you will notice little holes, around these holes you will notice the toxins and other impurities that the mask has pulled out.
4. Leave client to rest for 5-20 minutes (use this time to clean up dishes and prepare)
5. Use moist towel to remove the mask with circular motions. Make sure to avoid eye areas. Once mask is fully removed, pat dry with a clean dry towel.
  - If the mud mask comes in contact with the eye, wash with cool water immediately. The sodium within the mud mask will sting the eyes.
6. To finish your facial use our Pamea Poan Facial Moisturizer. Pamea Poan rejuvenates and restores your skin; it helps minimize fine lines, leaving your skin feeling silky smooth. Pamea Poan's rejuvenating and restorative properties are indicated by a slight tingling sensation as your skin becomes healthier. Pamea Poan is 88% certified organic and 100% all natural, just as nature intended.
7. Enjoy your freshly rejuvenated skin.